

Study Skills

Self-Testing as a strategy for revision

**Knowledge and
understanding
of content**

**Practice
recalling
content**

**Practice
applying
content in an
exam context**

Knowledge and understanding of content

- Know the content you need to cover
- Create a check list to monitor your revision of topics
- Choose a method to revise the content

B2 Topic	1	2	3
Evolution			
Enzymes			
Ecology			
Sustainability			
Food Chains			

Where can I find help?



Teachers

**Knowledge and
understanding
of content**

**Practice
recalling
content**

**Practice
applying
content in an
exam context**

Re-reading

LOW

IMPACT

LOW

IMPACT

Summarising

Highlighting /
Underlining

LOW
IMPACT

Practice

HIGH

IMPACT

Testing

Distributed
Practice

**HIGH
IMPACT**

SELF TEST!

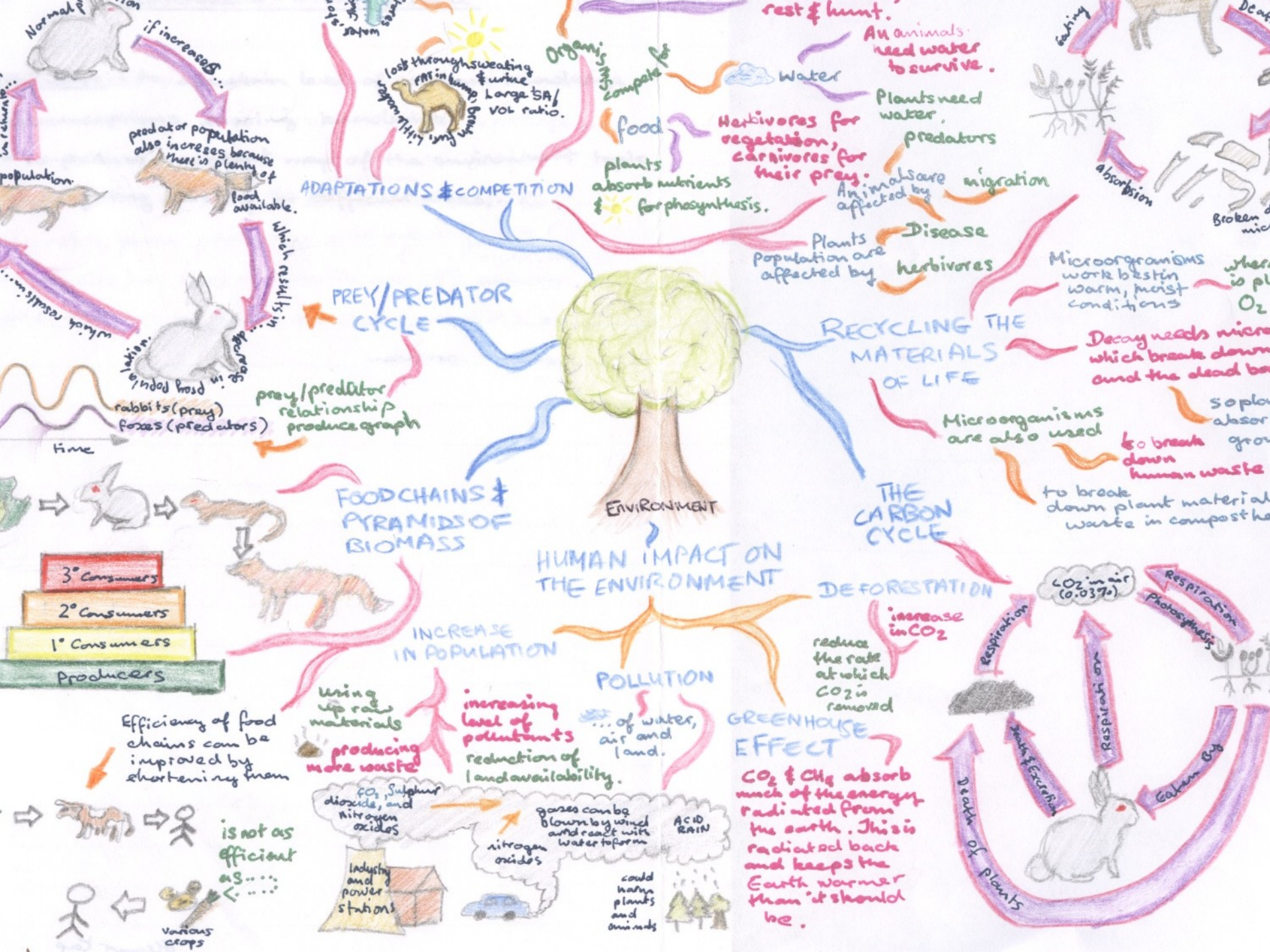
START EARLY!

Practice Recalling theory

Understand content

Test yourself on what you should know

- Mind Maps
- Flash Cards



Flash Cards



Knowledge and understanding of content

Practice recalling content

Practice applying content in an exam context
- Miss Clifton