

MAIN 1 MAIN 2 VEGETABLES G&G LIVE

MONDAY

SLOW COOKED PASTA BOLOGNESE BROCCOLI PASTA BAKE

| MIXED SALAD

CRISPY CHICKEN OR QUORN DIPPER WRAP WITH SPICY SALSA | SOUTH INDIAN CHICKEN | COCONUT CURRY | & LEMON RICE

TUESDAY

PERI PERI CHICKEN THIGH WITH WEDGES

SPANISH OMELETTE WITH WEDGES

| BARBEQUE PIT BEANS

PIZZA GRILLED CHEESE

BUILD YOUR OWN SIGNATURE BURGER: HAND SMASHED BEEF PAITY, CAREFULLY CHARGRILLED & SERVED IN A SOFT BAP WITH YOUR CHOICE OF FILLINGS & SAUCE. ACCOMPANIED BY FRESH SALAD & HOME PAKEN POINTON WITH

WEDNESDAY

MARINATED ROAST CHICKEN, ROAST POTATOES & GRAVY MARINATED QUORN FILLET & GRAVY, ROAST POTATOES STEAMED SEASONAL VEGETABLE MEDLEY VEGETABLE CALZONE

FOUR CHEESE TORTELLINI
IN ITALIAN TOMATO SAUCE

THURSDAY

BAKED SAUSAGES WITH CARAMELISED ONIONS, CREAMY MASHED POTATO & GRAVY BAKED VEGAN SAUSAGES WITH CARAMELISED ONIONS, CREAMY MASHED POTATO & GRAVY

STEAMED CARROTS

MAC & CHEESE SNACK POT CRUNCHY NACHO CHICKEN CHILLI WITH LOUISIANA RICE

FRIDAY

| BATTERED FISH FILLET | OR CRISPY CHICKEN | BURGER & CHIPS SPICY BEAN BURGER IN A SOFT BAP & CHIPS | PEAS | BAKED BEANS LOADED JACKET OR FRIES WITH CHEESE, BACON, SALSA OR HOT TOPPING OF THE WEFK STIR-FRY DAY: CHEF'S CHOICE NOODLE STIR FRY OF THE WEEK

AVAILABLE DAILY

TOPPED & FILLED JACKET POTATOES • SOUP OF THE DAY • STREET STYLE LIVE COOKING FRESH SUBS, PANINIS, TOASTIES AND SANDWICHES AVAILABLE DAILY • HOMEBAKED DESSERTS





VEGETABLES G&G MAIN 1 MAIN 2 LIVE OF THE DAY OF THE DAY

MONDAY

CHICKEN & PEPPERONI PASTA BAKE

ROASTED VEGETABLE LASAGNE

SWEETCORN

CRISPY CHICKEN OR OUORN DIPPER WRAP WITH COOL MAYO

OUORN TIKKA MASALA WITH STEAMED RICE

TUESDAY

CHILLI CON CARNE. TORTILLA CHIPS & STEAMED RICE

PLANT BASED CHILL CHEESE OUESADILLA & STEAMED RICE

STEAMED PEAS

TOMATO PESTO & MOZZÁRELLA **GRILLED CHEESE** MIDDLE FASTERN CHICKEN SHAWARMA IN A WARM KHOBEZ WITH TZATZIKI & CRISP SALAD

WEDNESDAY

SLOW ROAST PORK OR CHICKEN THIGH, ROAST POTATOES & GRAVY

VEGGIE SAUSAGE TOAD IN THE HOLE WITH ROAST POTATOES & GRAVY

STEAMED SEASONAL VEGETABLES MEDLEY BBQ ROAST PORK BAP WITH MELTED CHEESE

MEATBALL OR VEGGIE BALL MARINARA SUB WITH GRATED CHEESE & SALAD

THURSDAY

REGIONAL HOME BAKED PIE WITH CREAMY MASHED POTATOES & GRAVY

TOMATO & HERB PASTA BAKE

GREEN BEANS

SPICY CHICKEN & HASH BROWN STACK TERIYAKI CHICKEN BAO BUN WITH KIMCHI **SLAW & ASIAN FRIES**

FRIDAY

BATTERED FISH FILLET OR | HOMEMADE CHEESE & JUMBO SAUSAGE & CHIPS POTATO PIE WITH CHIPS

PFAS BAKED BEANS LOADED JACKET OR FRIES WITH CHEESE. BACON, SALSA OR HOT TOPPING OF THE WEEK

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VEGETABLES G&G MAIN 1 MAIN 2 LIVE OF THE DAY OF THE DAY

MONDAY

BURRITO WITH MINT YOGHURT DRESSING

TANDOORI CHICKEN OPEN | INDIAN VEGETABLE OPEN **BURRITO WITH MINT** YOGHURT DRESSING

I RAINBOW SLAW

CRISPY CHICKEN OR **OUORN DIPPER WRAP** WITH SWFFT CHILL

CHILLI TOPPED NACHOS WITH SOUR CREAM. SALSA & JALAPENOS

TUESDAY

ALL DAY BREAKFAST

MACARONI CHEESE

PFAS OR BAKED BEANS CHEESE & TOMATO STROMBOLL

MINCED PORK RENDANG WITH FRAGRANT COCONIIT RICE

WEDNESDAY

MARINATED ROAST CHICKEN, ROAST POTATOES & GRAVY SWEET POTATO, LENTIL & CHICKPEA LOAF, ROAST POTATOES & GRAVY

STEAMED SEASONAL VEGETABLES MEDLEY DOLCE CHEESEBURGER

PLANT BASED SAUSAGE **GUMBO & TORTILLA CHIPS**

THURSDAY

TRADITIONAL SLOW **COOKED BEEF LASAGNE** FETA & SPINACH FILO PARCEL WITH NEW POTATOES

STEAMED CARROTS

HOT DOG WITH A CHOICE OF FILLINGS & SAUCES

LIVE KATSU CURRY BAR WITH CRISPY CHICKEN OR OUORN, SPRING ONION **RICE & CRUNCHY SLAW**

FRIDAY

BATTERED FISH FILLET OR | VEGAN SAUSAGE JUMBO SAUSAGE & CHIPS | ROLL & CHIPS

PFAS BAKED BEANS LOADED JACKET OR FRIES WITH CHEESE. BACON, SALSA OR HOT TOPPING OF THE WEEK

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