

Menu




































↳ Street Kitchen



Name	Portion Name	Portion Size g	Label Energy kcal	Label Energy kJ	Label Carbohydrate g	Label Protein g	Label Sugars g
Monday Wk 1			2321	9741	267	104	28.4
Slow Cooked Pasta Bolognese.	1 Serving	274	467	1962	53	24	6.6
Broccoli Pasta Bake	1 Serving	310	583	2446	68	24	9.5
Mixed Salad	1 Serving	80	12	49	1.7	0.6	1.6
Crispy Chicken Wrap with Spicy Sal	1 Serving	186	419	1761	51	17	3.8
Crispy Quorn Dipper Wrap with Spic	1 Serving	178	338	1417	39	15	3.2
South Indian Chicken Coconut Curry	1 Serving	263	502	2106	54	23	3.7
Tuesday Wk 1			1788	7485	166	82	24.3
Peri Peri Chicken Thigh & Wedges	1 Serving	230	310	1301	31	21	3.9
Spanish Omelette with Wedges	1 Serving	322	438	1832	36	23	3.2
Boston BBQ Pit Beans	1 Serving	72	111	464	9.2	3	5.2
Pizza Grilled Cheese	1 Serving	151	299	1257	40	8.1	5.4
Build Your Own Signature Burger	1 Serving	238	630	2631	50	27	6.6
Wednesday Wk 1			1422	5969	165	63	14
Marinated Roast Chicken, Roast Pot	1 Serving	239	308	1292	22	24	0.9
Marinated Roast Quorn Fillet with SI	1 Serving	225	262	1094	25	12	2.4
Steamed Seasonal Vegetables	1 Serving	80	44	185	5.6	2.8	3.3
Vegetable Calzone	1 Serving	281	556	2336	73	16	3.2
Four Cheese Tortellini with Tomato &	1 Serving	150	252	1062	39	8.6	4.2
Thursday Wk 1			2051	8593	211	83	33.4
Baked Sausages with Caramelised C	1 Serving	396	552	2301	44	18	5.3
Baked Vegetable Sausages with Car	1 Serving	377	313	1311	38	7	6.9
Carrots	1 Serving	80	33	140	6.3	0.5	5.9
Mac & Cheese Pot	1 Serving	344	688	2884	70	29	12
Crunchy Nacho Chicken Chilli with I	1 Serving	295	465	1957	53	28	3.3
Friday Wk 1			3395	14261	443	130	45
Battered Fish with Chips	1 Serving	245	400	1677	46	15	0.6
Cooked From Fresh Hand Battered C	1 Serving	230	319	1351	49	26	0.9
Crispy Chicken Burger & Chips	1 Serving	311	580	2439	80	19	4.7
Spicy Bean Burger in a Soft Bap & C	1 Serving	326	631	2649	91	17	8.6
Garden peas	1 Serving	80	76	318	8.8	5.5	1.8
Baked Beans	1 Serving	80	74	310	10	3.6	5.4
Loaded Jacket with Cheese, Bacon &	1 Serving	325	369	1550	47	15	3.4
Loaded Fries with Cheese, Bacon &	1 Serving	228	352	1477	37	14	1.9
Sweet Chilli & Soy Glazed Vegetable	1 Serving	284	594	2490	74	15	18
Monday Wk 2			2129	8944	258	98	23.3
Chicken & Pepperoni Pasta Bake	1 Serving	240	561	2355	51	34	4.6
Roasted Vegetable Lasagne	1 Serving	238	347	1462	55	14	8.2
Sweetcorn	1 Serving	80	52	219	6.5	2.7	1.6
Crispy Chicken Wrap with Cool May	1 Serving	186	466	1952	51	17	3.2
Crispy Quorn Dipper Wrap with Co	1 Serving	178	384	1608	39	15	2.6
Quorn Tikka Massala with Steamed I	1 Serving	197	319	1348	55	15	3.1
Tuesday Wk 2			1824	7668	238	76	27.2

Tuesday Wk 2		1624	7080	230	70	27.2	
Chilli Con Carne, Tortilla Chips & St	1 Serving	250	451	1897	58	19	2.6
Plant Based Chilli Cheese Quesadill	1 Serving	309	581	2451	86	26	5.7
Garden peas	1 Serving	80	76	318	8.8	5.5	1.8
Tomato, Pesto & mozzarella Grilled (1 Serving	175	350	1465	41	8.2	6.1
Middle Eastern Chicken Shawarma w	1 Serving	225	366	1537	44	17	11
Wednesday Wk 2		2502	10505	261	144	29.1	
Slow Roast Pork with Skin-On Roast	1 Serving	219	379	1587	21	29	0.8
Marinated Roast Chicken, Roast Pot	1 Serving	239	308	1292	22	24	0.9
Veggie Sausage Toad with Skin-On I	1 Serving	288	393	1647	50	11	5.2
Steamed Seasonal Vegetables	1 Serving	80	44	185	5.6	2.8	3.3
BBQ Roast Pork Bap with Melted Ch	1 Serving	187	435	1828	37	35	5.3
Meatball Marinara Sub with Grated C	1 Serving	237	490	2060	67	19	9.1
Veggie Ball Marinara with Sub with C	1 Serving	195	453	1906	58	23	4.5
Thursday Wk 2		2018	8469	239	79	23.3	
Regional Meat & Potato Pie, Creamy	1 Serving	309	669	2791	56	20	3.4
Tomato & Herb Pasta Bake	1 Serving	230	458	1930	65	19	7.4
Green Beans	1 Serving	80	22	92	2.5	1.7	1.8
Spicy Chicken & Hash brown Stack	1 Serving	231	475	1997	62	17	4.8
Teriyaki Chicken Bao Bun with Kimc	1 Serving	283	394	1659	53	21	5.9
Friday Wk 2		3379	14180	402	135	23.5	
Battered Fish with Chips	1 Serving	245	400	1677	46	15	0.6
Cooked From Fresh Hand Battered (1 Serving	230	319	1351	49	26	0.9
Jumbo Sausage with Chunky Chips	1 Serving	234	522	2178	42	17	1.6
Homemade Cheese & Potato Pie wit	1 Serving	348	795	3327	82	23	2.6
Garden peas	1 Serving	80	76	318	8.8	5.5	1.8
Baked Beans	1 Serving	80	74	310	10	3.6	5.4
Loaded Jacket with Cheese, Bacon &	1 Serving	325	369	1550	47	15	3.4
Loaded Fries with Cheese, Bacon &	1 Serving	228	352	1477	37	14	1.9
Singapore Noodles with Vegetable S	1 Serving	268	472	1992	80	16	5.3
Monday Wk 3		2362	9926	298	90	35.5	
Tandoori Chicken Open Burrito with	1 Serving	214	496	2094	76	22	3.4
Vegetable Tikka Open Burrito with M	1 Serving	264	511	2158	88	15	6.4
Rainbow Slaw	1 Serving	80	76	316	5	0.9	3.8
Crispy Chicken Wrap with Sweet Ch	1 Serving	186	443	1863	57	17	9.3
Crispy Quorn Dipper Wrap with Swe	1 Serving	178	362	1519	45	15	8.7
Chilli Topped Nachos with Sour Cre	1 Serving	254	474	1976	27	20	3.9
Tuesday Wk 3		2254	9449	242	100	33.2	
All Day Breakfast	1 Serving	309	487	2033	29	29	7.3
Macaroni Cheese	1 Serving	344	688	2884	70	29	12
Baked Beans	1 Serving	80	74	310	10	3.6	5.4
Garden peas	1 Serving	80	76	318	8.8	5.5	1.8
Cheese & Tomato Stromboli	1 Serving	231	458	1929	72	15	2.7
Minced Pork Rendang with Fragrant	1 Serving	263	471	1975	52	18	4
Wednesday Wk 3		1830	7674	199	78	25	
Marinated Roast Chicken, Roast Pot	1 Serving	239	308	1292	22	24	0.9
Sweet Potato, Lentil & Chickpea loai	1 Serving	345	433	1822	64	10	11

Steamed Seasonal Vegetables	1 Serving	80	44	185	5.6	2.8	3.3
Cheeseburger with Sauce Selection	1 Serving	218	621	2593	48	27	5
Plant Based Sausage Gumbo & Tort	1 Serving	289	424	1782	59	14	4.8
Thursday Wk 3			2601	10915	310	94	43
Traditional Slow Cooked Beef Lasag	1 Serving	203	356	1491	30	18	5.3
Feta & Spinach Parcel with New Pot:	1 Serving	404	511	2143	58	18	5.9
Carrots	1 Serving	80	33	140	6.3	0.5	5.9
Jumbo Hot Dog with Sauce Selectio	1 Serving	254	715	2990	70	23	7.7
Katsu Curry Bar with Crispy Chicker	1 Serving	262	533	2246	79	18	9.5
Katsu Curry Bar with Crispy Quorn I	1 Serving	254	453	1905	67	16	8.9
Friday Wk 3			3189	13372	368	121	31.2
Battered Fish with Chips	1 Serving	245	400	1677	46	15	0.6
Cooked From Fresh Hand Battered (1 Serving	230	319	1351	49	26	0.9
Jumbo Sausage with Chunky Chips	1 Serving	234	522	2178	42	17	1.6
Vegan Sausage Roll with Chunky Ct	1 Serving	240	530	2219	59	13	1.6
Garden peas	1 Serving	80	76	318	8.8	5.5	1.8
Baked Beans	1 Serving	80	74	310	10	3.6	5.4
Loaded Jacket with Cheese, Bacon i	1 Serving	325	369	1550	47	15	3.4
Loaded Fries with Cheese, Bacon &	1 Serving	228	352	1477	37	14	1.9
Oriental BBQ Vegetable Stir Fry Noo	1 Serving	250	547	2292	69	12	14
Meal Deal Desserts			1004	4203	124	13.3	75
Flapjack - Meal Deal	1 Serving	104	482	2013	55	5.3	30
Chocolate Brownie - Meal Deal	1 Serving	68	253	1060	33	4.2	22
Iced Sponge - Meal Deal	1 Serving	71	269	1130	36	3.8	23
TOTALS:							
AVERAGES:			934	3921	43	15.3	5.3

Item	Price	Calories per serving	Contains Allergens	May Contain Allergens	Other Properties
Monday Wk 1					
Slow Cooked Pasta Bolognese. - 1 Serving		467 Kcal	 WHEAT	 MUSTARD  SOYA	
Broccoli Pasta Bake - 1 Serving		583 Kcal	 WHEAT  MILK	 MUSTARD  SOYA	 VEGETARIAN
Mixed Salad - 1 Serving		12 Kcal			 VEGETARIAN  VEGAN
Crispy Chicken Wrap with Spicy Salsa - 1 Serving		419 Kcal	 WHEAT	 EGGS  MILK	
Crispy Quorn Dipper Wrap with Spicy Salsa - 1 Serving		338 Kcal	 WHEAT		 VEGETARIAN  VEGAN
South Indian Chicken Coconut Curry with Lemon Rice (VG) - 1 Serving		502 Kcal	 SULPHITES		 VEGETARIAN  VEGAN
Tuesday Wk 1					
Peri Peri Chicken Thigh & Wedges - 1 Serving		310 Kcal			 VEGETARIAN
Spanish Omelette with Wedges - 1 Serving		438 Kcal	 EGGS  MILK		 VEGETARIAN
Boston BBQ Pit Beans - 1 Serving		111 Kcal	 WHEAT  SOYA		 VEGETARIAN
Pizza Grilled Cheese - 1 Serving		299 Kcal	 WHEAT  MILK	 OATS, BARLEY, RYE	
Build Your Own Signature Burger - 1 Serving		630 Kcal	 WHEAT, BARLEY  CELERY	 EGGS  MILK  SESAME  SOYA	
Wednesday Wk 1					







Marinated Roast Chicken, Roast Potatoes & Gravy - 1 Serving	308Kcal				
Marinated Roast Quorn Fillet with Skin-On Roast Potatoes & Gravy - 1 Serving	262Kcal	WHEAT	EGGS		VEGETARIAN
Steamed Seasonal Vegetables - 1 Serving	44Kcal				VEGETARIAN
Vegetable Calzone - 1 Serving	556Kcal	WHEAT	MILK		
Four Cheese Tortellini with Tomato & Basil Sauce - 1 Serving	252Kcal	WHEAT	EGGS	MILK	VEGETARIAN

Thursday Wk 1





















Baked Sausages with Caramelised Onions, Mash and Gravy - 1 Serving	552Kcal	WHEAT	MILK	SOYA	
		SULPHITES			
Baked Vegetable Sausages with Caramelised Onions, Mash and Gravy - 1 Serving	313Kcal	MILK			VEGETARIAN
Carrots - 1 Serving	33Kcal				
Mac & Cheese Pot - 1 Serving	688Kcal	WHEAT	MILK	MUSTARD	SOYA
					VEGETARIAN
Crunchy Nacho Chicken Chilli with Louisiana Rice - 1 Serving	465Kcal	MILK			VEGETARIAN

Friday Wk 1


Battered Fish with Chips - 1 Serving	400Kcal	WHEAT	FISH		
Cooked From Fresh Hand Battered Cod - 1 Serving	319Kcal	WHEAT, BARLEY	FISH	SULPHITES	
Crispy Chicken Burger & Chips - 1 Serving	580Kcal	WHEAT	EGGS	CELERY	
		SESAME			
Spicy Bean Burger in a Soft Bap & Chips - 1 Serving	631Kcal	WHEAT	EGGS	MILK	VEGETARIAN
		MUSTARD	SESAME		
Garden peas - 1 Serving	76Kcal				VEGETARIAN
					VEGAN

Baked Beans - 1 Serving	74Kcal				 VEGETARIAN  VEGAN
Loaded Jacket with Cheese, Bacon & Salsa - 1 Serving	369Kcal	 MILK			
Loaded Fries with Cheese, Bacon & Salsa - 1 Serving	352Kcal	 MILK			
Sweet Chilli & Soy Glazed Vegetable & Noodle Stir Fry & Spring Roll - 1 Serving	594Kcal	 WHEAT	 SOYA		


















Monday Wk 2

Chicken & Pepperoni Pasta Bake - 1 Serving	561Kcal	 WHEAT	 MILK	 EGGS  MUSTARD	 CELERY  SOYA	
Roasted Vegetable Lasagne - 1 Serving	347Kcal	 WHEAT	 MILK	 EGGS  SOYA	 MUSTARD	
Sweetcorn - 1 Serving	52Kcal					
Crispy Chicken Wrap with Cool Mayo - 1 Serving	466Kcal	 WHEAT	 EGGS	 MILK		
Crispy Quorn Dipper Wrap with Cool Mayo - 1 Serving	384Kcal	 WHEAT	 EGGS			 VEGETARIAN
Quorn Tikka Massala with Steamed Rice - 1 Serving	319Kcal	 EGGS	 MILK			 VEGETARIAN













Tuesday Wk 2

Chilli Con Carne, Tortilla Chips & Steamed Rice - 1 Serving	451Kcal					
Plant Based Chilli Cheese Quesadilla & Steamed Rice - 1 Serving	581Kcal	 WHEAT	 MILK	 SOYA		 VEGETARIAN
Garden peas - 1 Serving	76Kcal					 VEGETARIAN  VEGAN
Tomato, Pesto & mozzarella Grilled Cheese - 1 Serving	350Kcal	 WHEAT	 MILK		 OATS, BARLEY, RYE	
Middle Eastern Chicken Shawarma with Khobez - 1 Serving	366Kcal	 WHEAT	 EGGS	 MILK		









Wednesday Wk 2












Slow Roast Pork with Skin-On Roast Potatoes & Gravy - 1 Serving	379Kcal				
Marinated Roast Chicken, Roast Potatoes & Gravy - 1 Serving	308Kcal				
Veggie Sausage Toad with Skin-On Roast Potatoes & Gravy - 1 Serving	393Kcal	 WHEAT	 EGGS	 MILK	
Steamed Seasonal Vegetables - 1 Serving	44Kcal				 VEGETARIAN
BBQ Roast Pork Bap with Melted Cheese - 1 Serving	435Kcal	 WHEAT, BARLEY	 MILK	 CELERY	 SESAME
Meatball Marinara Sub with Grated Cheese & Rainbow Slaw - 1 Serving	490Kcal	 WHEAT	 MILK		 BARLEY  SESAME
Veggie Ball Marinara with Sub with Grated Cheese & Rainbow Slaw - 1 Serving	453Kcal	 WHEAT, BARLEY	 MILK	 SOYA	 SESAME  VEGETARIAN

Thursday Wk 2
















Regional Meat & Potato Pie, Creamy mashed Potatoes & Gravy - 1 Serving	669Kcal	 WHEAT	 MILK	 SULPHITES	
Tomato & Herb Pasta Bake - 1 Serving	458Kcal	 WHEAT	 MILK		
Green Beans - 1 Serving	22Kcal				 VEGETARIAN  VEGAN
Spicy Chicken & Hash brown Stack - 1 Serving	475Kcal	 WHEAT	 CELERY	 SESAME	
Teriyaki Chicken Bao Bun with Kimchi Slaw & Asian Fries - 1 Serving	394Kcal	 WHEAT	 SOYA		

Friday Wk 2










Battered Fish with Chips - 1 Serving	400Kcal	 WHEAT	 FISH		
Cooked From Fresh Hand Battered Cod - 1 Serving	319Kcal	 WHEAT, BARLEY	 FISH	 SULPHITES	
Jumbo Sausage with Chunky Chips - 1 Serving	522Kcal	 WHEAT	 SOYA	 SULPHITES	








Homemade Cheese & Potato Pie with Chunky Chips - 1 Serving	795Kcal	 WHEAT	 MILK	 VEGETARIAN
Garden peas - 1 Serving	76Kcal			 VEGETARIAN  VEGAN
Baked Beans - 1 Serving	74Kcal			 VEGETARIAN  VEGAN
Loaded Jacket with Cheese, Bacon & Salsa - 1 Serving	369Kcal		 MILK	
Loaded Fries with Cheese, Bacon & Salsa - 1 Serving	352Kcal		 MILK	
Singapore Noodles with Vegetable Spring Rolls Stir fry - 1 Serving	472Kcal	 WHEAT	 SOYA	

Monday Wk 3













Tandoori Chicken Open Burrito with Mint Yoghurt Dressing - 1 Serving	496Kcal	 WHEAT	 EGGS	 MILK	
Vegetable Tikka Open Burrito with Mint Yoghurt Dressing copy - 1 Serving	511Kcal	 WHEAT	 EGGS	 MILK	
Rainbow Slaw - 1 Serving	76Kcal		 EGGS		 VEGETARIAN  VEGAN
Crispy Chicken Wrap with Sweet Chilli - 1 Serving	443Kcal	 WHEAT		 EGGS	 MILK
Crispy Quorn Dipper Wrap with Sweet Chilli - 1 Serving	362Kcal	 WHEAT			 VEGETARIAN  VEGAN
Chilli Topped Nachos with Sour Cream, Salsa & jalepenos - 1 Serving	474Kcal		 EGGS	 MILK	 MUSTARD

Tuesday Wk 3



















All Day Breakfast - 1 Serving	487Kcal	 WHEAT  SULPHITES	 EGGS	 SOYA	
Macaroni Cheese - 1 Serving	688Kcal	 WHEAT	 MILK	 MUSTARD	 SOYA  VEGETARIAN

Baked Beans - 1 Serving	74Kcal				 VEGETARIAN  VEGAN
Garden peas - 1 Serving	76Kcal				 VEGETARIAN  VEGAN
Cheese & Tomato Stromboli - 1 Serving	458Kcal	 WHEAT	 MILK		
Minced Pork Rendang with Fragrant Coconut Rice - 1 Serving	471Kcal	 SOYA			

Wednesday Wk 3

Marinated Roast Chicken, Roast Potatoes & Gravy - 1 Serving	308Kcal				
Sweet Potato, Lentil & Chickpea loaf, Roast Potatoes & Gravy - 1 Serving	433Kcal	 OATS	 EGGS	 WHEAT, BARLEY	
Steamed Seasonal Vegetables - 1 Serving	44Kcal				 VEGETARIAN
Cheeseburger with Sauce Selection - 1 Serving	621Kcal	 WHEAT  CELERY	 EGGS  SESAME	 MILK	
Plant Based Sausage Gumbo & Tortilla Chips - 1 Serving	424Kcal	 WHEAT			 VEGETARIAN  VEGAN

Thursday Wk 3

Traditional Slow Cooked Beef Lasagne - 1 Serving	356Kcal	 WHEAT	 MILK	 EGGS  SOYA	 MUSTARD	
Feta & Spinach Parcel with New Potatoes - 1 Serving	511Kcal	 WHEAT	 MILK			 VEGETARIAN
Carrots - 1 Serving	33Kcal					
Jumbo Hot Dog with Sauce Selection - 1 Serving	715Kcal	 WHEAT  SULPHITES	 EGGS	 SOYA	 BARLEY  SESAME	
Katsu Curry Bar with Crispy Chicken, Spring Onion Rice & Crunchy Slaw - 1 Serving	533Kcal	 WHEAT	 SOYA	 EGGS	 MILK	

Katsu Curry Bar with Crispy Quorn Dippers, Spring Onion Rice & Crunchy Slaw - 1 Serving	453Kcal	WHEAT	SOYA		VEGETARIAN
Friday Wk 3					
Battered Fish with Chips - 1 Serving	400Kcal	WHEAT	FISH		
Cooked From Fresh Hand Battered Cod - 1 Serving	319Kcal	WHEAT, BARLEY	FISH	SULPHITES	
Jumbo Sausage with Chunky Chips - 1 Serving	522Kcal	WHEAT	SOYA	SULPHITES	
Vegan Sausage Roll with Chunky Chips - 1 Serving	530Kcal	WHEAT, BARLEY	SOYA	MILK	VEGETARIAN VEGAN
Garden peas - 1 Serving	76Kcal				VEGETARIAN VEGAN
Baked Beans - 1 Serving	74Kcal				VEGETARIAN VEGAN
Loaded Jacket with Cheese, Bacon & Salsa - 1 Serving	369Kcal			MILK	
Loaded Fries with Cheese, Bacon & Salsa - 1 Serving	352Kcal			MILK	
Oriental BBQ Vegetable Stir Fry Noodles - 1 Serving	547Kcal	WHEAT	SOYA		
Meal Deal Desserts					
Flapjack - Meal Deal - 1 Serving	482Kcal	OATS		WHEAT, BARLEY	VEGETARIAN VEGAN
Chocolate Brownie - Meal Deal - 1 Serving	253Kcal	WHEAT	EGGS		VEGETARIAN
Iced Sponge - Meal Deal - 1 Serving	269Kcal	WHEAT	EGGS	MILK	VEGETARIAN