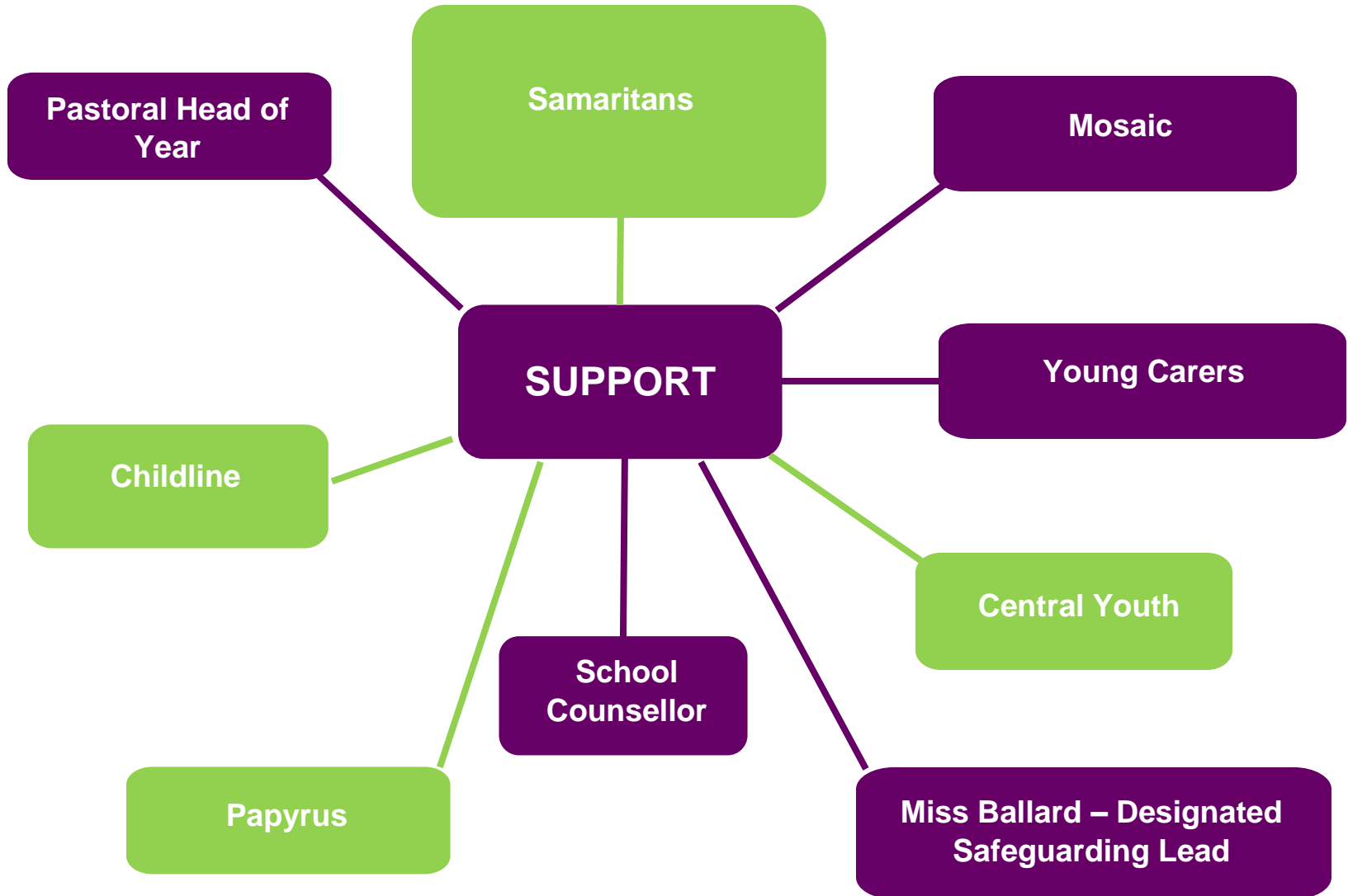




CHEADLE  
HULME  
SIXTH FORM



# Who Provides Support?



# Support in School

## School Counsellor

Make an appointment/referral via Mrs Reddy or Miss Rainford. Or access support via the drop-in on Monday and Friday lunchtimes (ask at reception for directions to main school).

## Young Carers

Do you need extra support because you have a lot of responsibility at home looking after your family?

Make an appointment via Mrs Reddy or Miss Rainford.



## Mosaic

Do you need help/information about smoking/drugs/alcohol issues affecting you or your family?

See Mrs Reddy or Miss Rainford



## Samaritans & Childline

Confidential emotional support 24/7 for people in distress or crisis

**SAMARITANS**

**Samaritans 08457 909090**



**Childline** [www.childline.org.uk](http://www.childline.org.uk) or 0800 1111 for free advice, information and counselling

## Central Youth

Service for 11-25 year olds



- Sexual health
- Counselling
- Information
- Advice

**Central Youth 0161 426 9696**

**Counselling 0161 426 9683**

# Other Services and Resources for Parents/Carers



Parents Against Child Exploitation: PACE <https://paceuk.info>

PACE helpline: 0113 240 5226



It's Not Okay <https://itsnotokay.co.uk>



Think U Know <https://www.thinkuknow.co.uk>



Child Exploitation Online Protection: CEOP <https://www.ceop.police.uk>



Stockport Children Services: 0161 217 6028



NSPCC: 0808 800 5000