

Menu

↳ Street Kitchen 25



Name	Portion Name	Portion Size g	Label Energy kcal	Label Energy kJ	Label Carbohydrate g	Label Protein g	Label Sugars g	Nutri-Score ↻
Wk 1 Mon			-	-	-	-	-	
Slow Cooked Beef Chilli Macaroni Melt	1 Serving	275	527	2214	59	25	4.7	A
Greek Spanikopita Flatbread with Tza...	1 Serving	240	469	1977	74	17	3.9	B
Toasted Cheesy Garlic Chicken Wrap	1 Serving	177	425	1779	31	27	2.1	C
Crispy Chicken Wrap with BBQ Sauce	1 Serving	186	436	1834	56	17	7.7	B
Bang Bang Chicken with Spring Onio...	1 Serving	198	377	1593	58	18	7	A
Wk 1 Tue			-	-	-	-	-	
Crispy Katsu Chicken Burger with Cu...	1 Serving	317	557	2340	75	17	4.9	A
Macaroni Cheese	1 Serving	344	688	2884	70	29	12	B
Jamaican Beef Patty	1 Serving	153	490	2043	34	18	1	D
One Pot Jollof Rice with West African...	1 Serving	322	353	1487	48	21	3.5	A
Wk 1 Wed			-	-	-	-	-	
Honey Roast Gammon with Skin-On ...	1 Serving	246	312	1306	25	21	4	A
Slow Roast Pork with Skin-On Roast ...	1 Serving	254	393	1648	26	32	1	A
Marinated Roast Chicken with Skin-O...	1 Serving	258	450	1875	22	25	1	A
Marinated Roast Quorn Fillet with Ski...	1 Serving	223	254	1063	24	11	2.4	A
Roast Pork & Stuffing Baguette	1 Serving	167	433	1824	51	33	2.9	B
Hot Roast Gammon Baguette	1 Serving	192	368	1558	54	27	5.9	C
Roast Chicken & Stuffing Baguette	1 Serving	177	383	1615	51	26	2.9	B
Hot Honey Chilli Chicken with Salt & ...	1 Serving	254	303	1278	37	20	21	A
Wk 1 Thur			-	-	-	-	-	
Homemade Chicken & Leek Pie, mas...	1 Serving	285	534	2240	60	23	2.1	B
Hearty Sloppy Joe on Garlic Baguette	1 Serving	150	298	1250	31	13	4.7	B
Chargrilled Cheeseburger with Sauce...	1 Serving	212	609	2544	47	27	4.5	D

Chipotle Chicken, Lime & Corn Open ...	1 Serving	292	396	1671	54	22	8.3	A
Wk 1 Fri			-	-	-	-	-	
Hand Battered Fish And Chips	1 Serving	347	502	2124	90	22	0.7	B
Battered Fish with Chips	1 Serving	245	388	1628	46	15	1	A
Spicy Bean Burger with Salsa in a Sof...	1 Serving	319	580	2442	91	17	8.5	A
Loaded Pizza Fries	1 Serving	255	422	1765	40	13	3.7	C
Sweet Chilli & Soy Glazed Vegetable ...	1 Serving	299	656	2754	88	17	18	B
Wk 2 Mon			-	-	-	-	-	
Creamy Cajun Chicken Meatballs, Sp...	1 Serving	274	544	2284	69	21	6.5	B
Creamy Cajun Salmon, Spaghetti & G...	1 Serving	272	472	1990	59	28	6.4	B
Onion Bhaji Sub with Red Slaw & Min...	1 Serving	215	508	2138	75	13	10	C
Taco Beef Baked Burrito	1 Serving	187	446	1867	39	20	4.8	C
Keralan Chicken & Lentil Coconut Kor...	1 Serving	219	399	1678	49	20	4.4	A
Roasted Vegetable Lasagne	1 Serving	238	371	1566	56	16	8.4	A
Wk 2 Tue			-	-	-	-	-	
Bangers with Bubble & Squeak & Oni...	1 Serving	388	593	2477	50	18	6	C
Chilli 'Non' Carne Loaded Wedges	1 Serving	253	270	1132	32	12	3.1	B
Hot Shot Chicken Parmo	1 Serving	225	479	2009	55	21	6.1	B
Nut Free Pork/ Chicken Satay, Sticky ...	1 Serving	178	393	1653	46	19	2.3	B
Wk 2 Wed			-	-	-	-	-	
Plant Based Sausage Toad with Skin-...	1 Serving	288	479	2006	44	22	5.1	A
Hawaiian Chicken with Coconut Rice	1 Serving	250	426	1796	60	23	9	B
Wk 2 Thur			-	-	-	-	-	
Tex Mex Chicken & Jalapeno Cheese ...	1 Serving	241	370	1547	23	27	5.5	B
Margherita Pasta Bake	1 Serving	254	540	2271	73	21	7.9	B
Salt & Pepper Chicken Flatbread with...	1 Serving	185	269	1133	33	21	2.9	A
Piri Piri Chick 'n' Rice	1 Serving	234	421	1770	49	21	4.2	A
Wk 2 Fri			-	-	-	-	-	
Hand Battered Fish And Chips	1 Serving	347	502	2124	90	22	0.7	B

Battered Fish with Chips	1 Serving	245	388	1628	46	15	1	A
Falafel Burger & Chips with Raita	1 Serving	308	515	2172	84	16	6.1	A
Loaded Pizza Fries	1 Serving	255	422	1765	40	13	3.7	C
Singapore Noodles with Vegetable S...	1 Serving	268	472	1992	80	16	5.3	B
Wk 3 Mon			-	-	-	-	-	
Jerk Chicken Drumstick with Rice & ...	1 Serving	391	798	3338	46	59	3.8	A
South Indian Vegetable Curry, Chapat...	1 Serving	319	472	1980	63	15	6.8	A
Grilled Hunters BBQ Chicken Sub Roll	1 Serving	190	383	1619	56	26	8.1	B
Singapore Black Pepper Chicken with...	1 Serving	267	622	2614	72	29	13	B
Wk 3 Tue			-	-	-	-	-	
Cheesy Fajita Beef Pasta Bake	1 Serving	330	654	2746	73	32	11	B
Summer Pesto Pasta & Garlic Slice	1 Serving	262	425	1783	56	13	4.2	A
Portuguese Chicken Tasca Flatbread	1 Serving	265	489	2064	69	27	3.7	B
Chicken Saag with Coconut Rice & In...	1 Serving	302	503	2109	51	21	5.9	B
Wk 3 Wed			-	-	-	-	-	
Korean Bulgogi Beef with Fragrant St...	1 Serving	331	472	1987	67	19	16	B
Wk 3 Thu			-	-	-	-	-	
Indian Mixed Grill	1 Serving	217	368	1538	27	22	3.5	A
Creamy Cajun Pasta Bake	1 Serving	286	668	2798	75	19	9.5	C
Choripan with Chimmichurri Salsa	1 Serving	161	524	2191	52	17	3.7	D
Grilled Chicken Roti with Slaw & Hot ...	1 Serving	192	321	1349	35	21	5.6	A
Wk 3 Fri			-	-	-	-	-	
Hand Battered Fish And Chips	1 Serving	347	502	2124	90	22	0.7	B
Battered Fish with Chips	1 Serving	245	388	1628	46	15	1	A
Homemade Cheddar, Sage & Onion S...	1 Serving	245	537	2244	51	15	2.7	C
Loaded Pizza Fries	1 Serving	255	422	1765	40	13	3.7	C
Oriental BBQ Vegetable Stir Fry Nood...	1 Serving	275	618	2594	83	15	14	C

TOTALS:							
AVERAGES:	1214	5098	55	20.9	5.6		