Menu

→6th Form 25



Name	Portion Name	Portion Size g	Label Energy kcal	Label Energy kJ	Label Carbohydrate g	Label Protein	Label Sugars g	Nutri-Score
Wk 1 Mon			-	-	-	-	-	
Loaded Wedges with Cheese, Bacon	1 Serving	218	344	1440	36	13	2.5	В
Slow Cooked Beef Chilli Macaroni Melt	1 Serving	275	527	2214	59	25	4.7	A
Toasted Cheesy Garlic Chicken Wrap	1 Serving	177	425	1779	31	27	2.1	C
Wk 1 Tue			-	-	-	-	-	
Hot Topped Nacho Pot with Salsa, So	1 Serving	150	503	2103	55	11	4.2	c
Crispy Katsu Chicken Burger with Cu	1 Serving	317	557	2340	75	17	4.9	A
Jamaican Beef Patty	1 Serving	153	490	2043	34	18	1	D
Wk 1 Wed			-	-	-	-	-	
Smothered Roasties with Pulled Chic	1 Serving	243	382	1593	26	18	0.9	A
Slow Roast Pork with Skin-On Roast	1 Serving	254	393	1648	26	32	1	A
Marinated Roast Chicken with Skin-O	1 Serving	258	450	1875	22	25	1	A
Honey Roast Gammon with Skin-On	1 Serving	246	312	1306	25	21	4	A
Marinated Roast Quorn Fillet with Ski	1 Serving	223	254	1063	24	11	2.4	A
Roast Pork & Stuffing Baguette	1 Serving	167	433	1824	51	33	2.9	В
Roast Chicken & Stuffing Baguette	1 Serving	177	383	1615	51	26	2.9	В
Hot Roast Gammon Baguette	1 Serving	192	368	1558	54	27	5.9	C
Wk 1 Thur			-	-		-	-	
Hot Topped Nacho Pot with Salsa, So	1 Serving	150	503	2103	55	11	4.2	©
Homemade Chicken & Leek Pie, mas	1 Serving	285	534	2240	60	23	2.1	В
Chargrilled Cheeseburger with Sauce	1 Serving	212	609	2544	47	27	4.5	D
Wk 1 Fri			-	-	-	-	-	
Hand Battered Fish And Chips	1 Serving	347	502	2124	90	22	0.7	В
Battered Fish with Chips	1 Serving	245	388	1628	46	15	1	A

Loaded Pizza Fries	1 Serving	255	422	1765	40	13	3.7	C
Wk 2 Mon	-		-	-	-	-	-	
Loaded Wedges with Cheese, Bacon	1 Serving	218	344	1440	36	13	2.5	В
Creamy Cajun Chicken Meatballs, Sp	1 Serving	274	544	2284	69	21	6.5	В
Taco Beef Baked Burrito	1 Serving	187	446	1867	39	20	4.8	C
Wk 2 Tue			-	-	-	-	-	
Hot Topped Nacho Pot with Salsa, So	1 Serving	150	503	2103	55	11	4.2	C
Bangers with Bubble & Squeak & Oni	1 Serving	388	593	2477	50	18	6	C
Hot Shot Chicken Parmo	1 Serving	225	479	2009	55	21	6.1	В
Wk 2 Wed			-	-	-	-	-	
Smothered Roasties with Pulled Chic	1 Serving	243	382	1593	26	18	0.9	A
Wk 2 Thur			-	-	-	-	-	
Hot Topped Nacho Pot with Salsa, So	1 Serving	150	503	2103	55	11	4.2	C
Tex Mex Chicken & Jalapeno Cheese	1 Serving	241	370	1547	23	27	5.5	В
Salt & Pepper Chicken Flatbread with	1 Serving	185	269	1133	33	21	2.9	A
Wk 2 Fri								
Wk 2 Fri Hand Battered Fish And Chips	1 Serving	347	502	2124	90	22	0.7	В
	1 Serving	347						B
Hand Battered Fish And Chips			502	2124	90	22	0.7	_
Hand Battered Fish And Chips Battered Fish with Chips	1 Serving	245	502 388	2124 1628	90 46	22 15	0.7	A
Hand Battered Fish And Chips Battered Fish with Chips Loaded Pizza Fries	1 Serving	245	502 388 422	2124 1628 1765	90 46 40	22 15 13	0.7	A
Hand Battered Fish And Chips Battered Fish with Chips Loaded Pizza Fries Wk 3 Mon	1 Serving	245 255	502 388 422	2124 1628 1765	90 46 40	22 15 13	0.7 1 3.7	(A) (C)
Hand Battered Fish And Chips Battered Fish with Chips Loaded Pizza Fries Wk 3 Mon Loaded Wedges with Cheese, Bacon	1 Serving 1 Serving	245 255 218	502 388 422 - 344	2124 1628 1765 - 1440	90 46 40 - 36	22 15 13 - 13	0.7 1 3.7 - 2.5	(a) (c) (B)
Hand Battered Fish And Chips Battered Fish with Chips Loaded Pizza Fries Wk 3 Mon Loaded Wedges with Cheese, Bacon Singapore Black Pepper Chicken with	1 Serving 1 Serving 1 Serving	245 255 218 267	502 388 422 - 344 622	2124 1628 1765 - 1440 2614	90 46 40 - 36 72	22 15 13 - 13 29	0.7 1 3.7 - 2.5 13	(A) (C) (B) (B) (B) (D) (D) (D) (D) (D) (D) (D) (D) (D) (D
Hand Battered Fish And Chips Battered Fish with Chips Loaded Pizza Fries Wk 3 Mon Loaded Wedges with Cheese, Bacon Singapore Black Pepper Chicken with Grilled Hunters BBQ Chicken Sub Roll	1 Serving 1 Serving 1 Serving	245 255 218 267	502 388 422 - 344 622 383	2124 1628 1765 - 1440 2614 1619	90 46 40 - 36 72 56	22 15 13 - 13 29 26	0.7 1 3.7 - 2.5 13 8.1	(A) (C) (B) (B) (B) (D) (D) (D) (D) (D) (D) (D) (D) (D) (D
Hand Battered Fish And Chips Battered Fish with Chips Loaded Pizza Fries Wk 3 Mon Loaded Wedges with Cheese, Bacon Singapore Black Pepper Chicken with Grilled Hunters BBQ Chicken Sub Roll Wk 3 Tue	1 Serving 1 Serving 1 Serving 1 Serving 1 Serving	245 255 218 267 190	502 388 422 - 344 622 383	2124 1628 1765 - 1440 2614 1619	90 46 40 - 36 72 56	22 15 13 - 13 29 26	0.7 1 3.7 - 2.5 13 8.1	(A) (C) (B) (B) (B) (B) (B) (B) (B) (B) (B) (B
Hand Battered Fish And Chips Battered Fish with Chips Loaded Pizza Fries Wk 3 Mon Loaded Wedges with Cheese, Bacon Singapore Black Pepper Chicken with Grilled Hunters BBQ Chicken Sub Roll Wk 3 Tue Hot Topped Nacho Pot with Salsa, So	1 Serving 1 Serving 1 Serving 1 Serving 1 Serving	245 255 218 267 190	502 388 422 - 344 622 383 - 503	2124 1628 1765 - 1440 2614 1619 - 2103	90 46 40 - 36 72 56 - 55	22 15 13 - 13 29 26 - 11	0.7 1 3.7 - 2.5 13 8.1 - 4.2	(A) (C) (B) (B) (B) (B) (C) (C)
Hand Battered Fish And Chips Battered Fish with Chips Loaded Pizza Fries Wk 3 Mon Loaded Wedges with Cheese, Bacon Singapore Black Pepper Chicken with Grilled Hunters BBQ Chicken Sub Roll Wk 3 Tue Hot Topped Nacho Pot with Salsa, So Cheesy Fajita Beef Pasta Bake	1 Serving 1 Serving 1 Serving 1 Serving 1 Serving 1 Serving	245 255 218 267 190	502 388 422 - 344 622 383 - 503 654	2124 1628 1765 - 1440 2614 1619 - 2103 2746	90 46 40 - 36 72 56 - 55 73	22 15 13 - 13 29 26 - 11 32	0.7 1 3.7 - 2.5 13 8.1 - 4.2	(A) (C) (B) (B) (B) (C) (B) (B) (B) (B) (B) (B) (B) (B) (B) (B
Hand Battered Fish And Chips Battered Fish with Chips Loaded Pizza Fries Wk 3 Mon Loaded Wedges with Cheese, Bacon Singapore Black Pepper Chicken with Grilled Hunters BBQ Chicken Sub Roll Wk 3 Tue Hot Topped Nacho Pot with Salsa, So Cheesy Fajita Beef Pasta Bake Portuguese Chicken Tasca Flatbread	1 Serving 1 Serving 1 Serving 1 Serving 1 Serving 1 Serving	245 255 218 267 190	502 388 422 - 344 622 383 - 503 654 489	2124 1628 1765 - 1440 2614 1619 - 2103 2746 2064	90 46 40 - 36 72 56 - 55 73 69	22 15 13 - 13 29 26 - 11 32 27	0.7 1 3.7 - 2.5 13 8.1 - 4.2 11 3.7	(A) (C) (B) (B) (B) (C) (B) (B) (B) (B) (B) (B) (B) (B) (B) (B

Hot Topped Nacho Pot with Salsa, So	1 Serving	150	503	2103	55	11	4.2	c
Indian Mixed Grill	1 Serving	217	368	1538	27	22	3.5	A
Choripan with Chimmichurri Salsa	1 Serving	161	524	2191	52	17	3.7	D
Wk 3 Fri			-		-	-	-	
Hand Battered Fish And Chips	1 Serving	347	502	2124	90	22	0.7	В
Battered Fish with Chips	1 Serving	245	388	1628	46	15	1	A
Loaded Pizza Fries	1 Serving	255	422	1765	40	13	3.7	©

TOTALS:						
AVERAGES:	1056	4428	48	19.6	3.6	

Generated by Nutritics v6.09 on 19th Mar 2025. Last Modified 19th Mar 2025.