

WEEK 1

# REFECTORY

GRAB & GO  
OF THE DAY

MAIN MEAL  
OF DAY

DAILY SPECIAL

## MONDAY

CRISPY CHICKEN WRAP  
WITH SPICY SALSA

GREEK PORK SHOULDER WITH  
STICKY ROAST POTATOES,  
TOMATO & PEPPERS

TOMATO & BASIL PASTA POT

## TUESDAY

SMOKED BOCKWURST TORPEDO  
WITH A CURRIED MAYONNAISE  
& CRISPY ONIONS

BLACKENED CAJUN CHICKEN  
DRUMSTICKS WITH WEDGES  
& SALAD

BUILD YOUR OWN  
SIGNATURE BURGER:

HAND SMASHED BEEF PATTY CAREFULLY  
CHARGRILLED, SERVED IN A SOFT BAP WITH YOUR  
CHOICE OF FILLINGS & SAUCE, ACCOMPANIED BY  
FRESH SALAD & HOME BAKED POTATO WEDGES  
(VEGETARIAN BURGER ALTERNATIVE AVAILABLE)

## WEDNESDAY

HOT ROAST GAMMON IN A  
HOME BAKED BAGUETTE

PERI PERI BEEF QUESADILLA  
WITH CHILLI & TOMATO RICE

TUNA & SWEETCORN MELT

## THURSDAY

MEXICAN CHICKEN BURRITO &  
CRUNCHY SUMMER SALAD

SPICY ARRABBIATA PASTA POT

CHICKEN TIKKA MASALA  
WITH PILAU RICE

## FRIDAY

LOADED FRIES WITH CHEESE,  
BACON, SALSA OR HOT  
TOPPING OF THE WEEK

BATTERED FISH FILLET & CHIPS

STIR FRY-DAY:  
SWEET CHILLI & SOY GLAZED  
NOODLE & VEGETABLE STIR  
FRY WITH SPRING ROLL

AVAILABLE DAILY

INCLUDING ALL DAY BREAKFAST WRAPS & MUFFINS • JACKET POTATO & DAILY TOPPERS • SOUP  
FLATBREAD PIZZA, SHAKER SALADS AND HOT & COLD GRAB & GO SNACK POTS

dolce

WEEK 2

# REFECTORY

GRAB & GO  
OF THE DAY

MAIN MEAL  
OF DAY

DAILY SPECIAL

## MONDAY

CRISPY CHICKEN WRAP  
WITH COOL MAYO

CARIBBEAN PASTA BAKE

FIERY BEAN & CHEDDAR  
TACO WITH DIRTY RICE

## TUESDAY

NACHO POT WITH GUACAMOLE,  
SALSA & CHEESE

CHILLI CON CARNE, TORTILLA  
CHIPS & STEAMED RICE

BUILD YOUR OWN SHAWARMA:

WARMED KHOBEZ WITH SPICED  
CHICKEN & A CHOICE OF SALADS,  
PICKLES, DRESSINGS & TOPPERS  
MIDDLE EASTERN CHICKEN SHAWARMA IN A  
WARM KHOBEZ WITH TZATZIKI & CRISP SALAD

## WEDNESDAY

CHIPOTLE CHICKEN THIGH,  
PATATAS BRAVAS & CORN SALSA

SLOW ROAST PORK, SKIN-ON  
ROAST POTATOES & GRAVY

SLOW ROASTED TOMATO  
& BASIL PASTA

## THURSDAY

PHILLY CHEESE BURGER

VEGETABLE BIRYANI &  
CURRY SAUCE

ASIAN PULLED PORK BAO BUN  
WITH KIMCHI SLAW & ASIAN FRIES

## FRIDAY

LOADED JACKET OR FRIES WITH  
CHEESE, BACON, SALSA OR  
HOT TOPPING OF THE WEEK

HOMEMADE CHEESE &  
POTATO PIE WITH CHIPS

STIR FRY-DAY:  
SINGAPORE VEGETABLE  
NOODLE STIR FRY WITH  
VEGETABLE SPRING ROLL

AVAILABLE DAILY

INCLUDING ALL DAY BREAKFAST WRAPS & MUFFINS • JACKET POTATO & DAILY TOPPERS • SOUP  
FLATBREAD PIZZA, SHAKER SALADS AND HOT & COLD GRAB & GO SNACK POTS

dolce

WEEK 3

# REFECTORY

GRAB & GO  
OF THE DAY

MAIN MEAL  
OF DAY

DAILY SPECIAL

## MONDAY

CRISPY CHICKEN WRAP  
WITH SWEET CHILLI

SPANISH BEAN & VEGETABLE  
STEW WITH PATATAS BRAVAS

FOUR CHEESE RAVIOLI  
WITH TOMATO & BASIL  
SAUCE & GARLIC SLICE

## TUESDAY

CREAMY MAC N CHEESE

CARIBBEAN VEGETABLE  
CURRY WITH RICE & PEAS

MEATBALL MARINARA SUB WITH  
GRATED CHEESE & RAINBOW SLAW

## WEDNESDAY

MARINATED ROAST CHICKEN,  
SKIN-ON ROAST POTATOES  
& GRAVY

MARINATED QUORN FILLET WITH  
SKIN-ON ROAST POTATOES & GRAVY

BUILD A BEEF BURRITO WITH  
JALAPENOS & SALAD

## THURSDAY

BAKED BEEF & RICE ENCHILADA  
WITH A GREEN SALAD

SWEET & SOUR CHICKEN WITH  
RICE & PRAWN CRACKERS

SWEET & SOUR VEGETABLES WITH  
RICE & PRAWN CRACKERS

## FRIDAY

BATTERED FISH FILLET,  
CHIPS & TARTARE SAUCE

VEGAN SAUSAGE ROLL & CHIPS

CAJUN BEAN BURGER WITH  
SOUR CREAM, JALAPENO &  
CRISP LETTUCE IN A SOFT BAP

AVAILABLE DAILY

INCLUDING ALL DAY BREAKFAST WRAPS & MUFFINS • JACKET POTATO & DAILY TOPPERS • SOUP  
FLATBREAD PIZZA, SHAKER SALADS AND HOT & COLD GRAB & GO SNACK POTS

dolce