

# 6th Form 25

Item	Price	Calories per serving	Contains Allergens	May Contain Allergens	Other Properties
<b>Wk 1 Mon</b>					
Loaded Wedges with Cheese, Bacon & Salsa - 1 Serving		<b>344</b> Kcal	 MILK		
Slow Cooked Beef Chilli Macaroni Melt - 1 Serving		<b>527</b> Kcal	 WHEAT	  MUSTARD SOYA	
Toasted Cheesy Garlic Chicken Wrap - 1 Serving		<b>425</b> Kcal	  WHEAT EGGS  MILK		
<b>Wk 1 Tue</b>					
Hot Topped Nacho Pot with Salsa, Sour Cream & Cheese - 1 Serving		<b>503</b> Kcal	 MILK		 VEGETARIAN
Crispy Katsu Chicken Burger with Curried Mayo Slaw & Wedges - 1 Serving		<b>557</b> Kcal	  WHEAT EGGS  CELERY	 SESAME	
Jamaican Beef Patty - 1 Serving		<b>490</b> Kcal	 WHEAT		 VEGETARIAN  VEGAN
<b>Wk 1 Wed</b>					
Smothered Roasties with Pulled Chicken & Gravy - 1 Serving		<b>382</b> Kcal			
Slow Roast Pork with Skin-On Roast Potatoes & Gravy - 1 Serving		<b>393</b> Kcal			
Marinated Roast Chicken with Skin-On Roast Potatoes & Gravy - 1 Serving		<b>450</b> Kcal			
Honey Roast Gammon with Skin-On Roast Potatoes & Gravy - 1 Serving		<b>312</b> Kcal	 MUSTARD		
Marinated Roast Quorn Fillet with Skin-On Roast Potatoes & Gravy - 1 Serving		<b>254</b> Kcal	 EGGS		 VEGETARIAN
Roast Pork & Stuffing Baguette - 1 Serving		<b>433</b> Kcal	 WHEAT	  BARLEY SESAME	

Roast Chicken & Stuffing Baguette - 1 Serving	383Kcal	 WHEAT	 BARLEY  SESAME	 VEGETARIAN  VEGAN
Hot Roast Gammon Baguette - 1 Serving	368Kcal	 WHEAT	 BARLEY  SESAME	
<b>Wk 1 Thur</b>				
Hot Topped Nacho Pot with Salsa, Sour Cream & Cheese - 1 Serving	503Kcal	 MILK		 VEGETARIAN
Homemade Chicken & Leek Pie, mashed Potato & Gravy - 1 Serving	534Kcal	 WHEAT  SULPHITES  MILK		
Chargrilled Cheeseburger with Sauce Selection - 1 Serving	609Kcal	 WHEAT  CELERY  MILK  SESAME		
<b>Wk 1 Fri</b>				
Hand Battered Fish And Chips - 1 Serving	502Kcal	 WHEAT, BARLEY  FISH	 SULPHITES	
Battered Fish with Chips - 1 Serving	388Kcal	 WHEAT  FISH		
Loaded Pizza Fries - 1 Serving	422Kcal	 MILK		
<b>Wk 2 Mon</b>				
Loaded Wedges with Cheese, Bacon & Salsa - 1 Serving	344Kcal	 MILK		
Creamy Cajun Chicken Meatballs, Spaghetti & Garlic Slice - 1 Serving	544Kcal	 WHEAT  MILK	 MUSTARD  SOYA	
Taco Beef Baked Burrito - 1 Serving	446Kcal	 WHEAT  MILK		
<b>Wk 2 Tue</b>				
Hot Topped Nacho Pot with Salsa, Sour Cream & Cheese - 1 Serving	503Kcal	 MILK		 VEGETARIAN

Bangers with Bubble & Squeak & Onion Gravy - 1 Serving	593Kcal	 WHEAT  MILK  SOYA  SULPHITES		
Hot Shot Chicken Parmo - 1 Serving	479Kcal	 WHEAT  MILK  SESAME		
<b>Wk 2 Wed</b>				
Smothered Roasties with Pulled Chicken & Gravy - 1 Serving	382Kcal			
<b>Wk 2 Thur</b>				
Hot Topped Nacho Pot with Salsa, Sour Cream & Cheese - 1 Serving	503Kcal	 MILK		 VEGETARIAN
Tex Mex Chicken & Jalapeno Cheese Sauce & Nacho Bake - 1 Serving	370Kcal	 WHEAT  MILK		
Salt & Pepper Chicken Flatbread with Chip Shop Curry Sauce - 1 Serving	269Kcal	 WHEAT  MILK  MUSTARD		
<b>Wk 2 Fri</b>				
Hand Battered Fish And Chips - 1 Serving	502Kcal	 WHEAT, BARLEY  FISH	 SULPHITES	
Battered Fish with Chips - 1 Serving	388Kcal	 WHEAT  FISH		
Loaded Pizza Fries - 1 Serving	422Kcal	 MILK		
<b>Wk 3 Mon</b>				
Loaded Wedges with Cheese, Bacon & Salsa - 1 Serving	344Kcal	 MILK		
Singapore Black Pepper Chicken with Wok Fried Noodles - 1 Serving	622Kcal	 WHEAT  SOYA  SESAME		

Grilled Hunters BBQ Chicken Sub Roll - 1 Serving	383Kcal	  WHEAT, BARLEY MILK   CELERY SOYA	 SESAME	
<b>Wk 3 Tue</b>				
Hot Topped Nacho Pot with Salsa, Sour Cream & Cheese - 1 Serving	503Kcal	 MILK		 VEGETARIAN
Cheesy Fajita Beef Pasta Bake - 1 Serving	654Kcal	  WHEAT MILK		
Portuguese Chicken Tasca Flatbread - 1 Serving	489Kcal	  WHEAT EGGS  MILK		
<b>Wk 3 Wed</b>				
Smothered Roasties with Pulled Chicken & Gravy - 1 Serving	382Kcal			
<b>Wk 3 Thur</b>				
Hot Topped Nacho Pot with Salsa, Sour Cream & Cheese - 1 Serving	503Kcal	 MILK		 VEGETARIAN
Indian Mixed Grill - 1 Serving	368Kcal	  WHEAT MILK		 VEGETARIAN  VEGAN
Choripan with Chimmichurri Salsa - 1 Serving	524Kcal	 WHEAT, BARLEY	  MILK SESAME   SOYA SULPHITES	
<b>Wk 3 Fri</b>				
Hand Battered Fish And Chips - 1 Serving	502Kcal	  WHEAT, BARLEY FISH	 SULPHITES	
Battered Fish with Chips - 1 Serving	388Kcal	  WHEAT FISH		
Loaded Pizza Fries - 1 Serving	422Kcal	 MILK		