

# SOCIAL KITCHEN

• BY ASPENS •

12 Apr 3 May, 24 May, 14 Jun, 5 Jul, 26 Jul,  
16 Aug, 6 Sep, 27 Sep, 18 Oct

SO  
GLOBAL

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	<b>Spicy Chicken Carbonara</b> Wholegrain Penne, Garlic Bread and Green Salad	<b>Cheeseburger</b> Oven Baked Paprika Wedges and Ranch Slaw	<b>Roast Chicken and Stuffing Bap or Roast Chicken</b> Roasties, Fresh Vegetables and Gravy	<b>Beef Burrito</b> Mexican Slaw Corn Cobette	<b>Battered Fish Dog</b> Chip Shop Curry Sauce, Chips and Mint Crushed Peas

SO  
VEGGIE

	<b>Vegan Bolognese</b> Wholegrain Penne, Garlic Bread and Green Salad	<b>Spicy Bean Burger</b> Oven Baked Paprika Wedges and Ranch Slaw	<b>Aubergine Parmigiana</b> Roasties, Fresh Vegetables and Gravy	<b>Ancho Roasted vegetable Burrito</b> Mexican Slaw Corn Cobette	<b>Quorn Dog</b> Chip Shop Curry Sauce, Chips and Mint Crushed Peas
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SO  
DELI

Our Hot Deli Range includes fresh dough pizzas, pasta & noodle pots, filled jacket spuds & paninis hot chicken wraps, wings & dusted wedges. We rotate our range throughout the week.

SO  
TEMPTING

	<b>A selection of Home bakes &amp; Sweet Treats</b>	<b>A selection of Home bakes &amp; Sweet Treats</b>	<b>A selection of Home bakes &amp; Sweet Treats</b>	<b>A selection of Home bakes &amp; Sweet Treats</b>	<b>A selection of Home bakes &amp; Sweet Treats</b>
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All meat used is certified Halal

WEEK ONE

# SOCIAL KITCHEN

• BY ASPENS •

19 Apr, 10 May, 31 May, 21 Jun, 12 Jul,  
2 Aug, 23 Aug, 13 Sep, 4 Oct

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SO  
GLOBAL

**Beef Meatball  
Marinara**

Whole Grain Fusilli,  
Garlic Bread and  
Green Salad

**Pomegranate  
Chicken**

Jewelled Couscous  
and Citrus Salad

**Roast Beef  
Yorkshire Wrap**

Roasties, Savoy  
Cabbage and  
Gravy

**Chicken Kathi Roll Fiery Battered Fish**

Turmeric Rice,  
Coconut and  
Chickpea Salad

Homemade Tartare,  
Chips and Peas

SO  
VEGGIE

**Quorn Meatball  
Marinara**

Whole Grain Fusilli,  
Garlic Bread and  
Green Salad

**Lebanese Falafel  
Khobez**

Jewelled Couscous  
and Citrus Salad

**Potato and  
Spinach Frittata**

Roasties, Savoy  
Cabbage and  
Gravy

**Rajasthan  
Watermelon Curry**

Turmeric Rice,  
Coconut and  
Chickpea Salad

**Cheesy Baked  
Bean Wrap**

Chips and Peas

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WEEK TWO

# SOCIAL KITCHEN

• BY ASPENS •

26 Apr, 17 May, 7 Jun, 28 Jun, 19 Jul,  
9 Aug, 30 Aug, 20 Sep, 11 Oct

SO  
GLOBAL

MONDAY

**Beef Chilli**  
Firecracker Rice,  
Salsa and Guac

TUESDAY

**Chicken Shawarma**  
Khobez  
Fattoush Salad

WEDNESDAY

**Roast Turkey Baguette or Roast Turkey**  
Roasties,  
Fresh Vegetables  
and Gravy

THURSDAY

**Chicken Chow Mein**  
Five Spice Cauli Bites

FRIDAY

**Fish Finger Sandwich**  
Salmon or Pollock,  
Homemade Tartare,  
Chips and  
Mushy Peas

SO  
VEGGIE

**Vegan Chill**  
Firecracker Rice,  
Salsa and Guac

**Chicken Style Pitta Kebab**  
Fattoush Salad

**Smoked Cheese and Onion Slice**  
Roasties,  
Fresh Vegetables

**Teriyaki Tofu Noodles**  
Five Spice Cauli Bites

**Vegan Sausage Roll**  
Chips and  
Mushy Peas

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WEEK THREE